

It is our goal to provide a healthy, balanced environment and the best service possible to make your visit a wonderful and memorable experience. *'Massage and Bodywork Wellness Spa'* was designed to promote wellness and relaxation to our guests. To ensure a totally relaxing atmosphere, we request that children do not accompany their parents on visits to our spa. Thank you for visiting with us. We hope your visit exceeded your expectations. Please tell a friend.

Give the Gift of Good Health and Relaxation. Gift Certificates and Gift Packages are available with your choice of a combination of services. Please let us know how we can help you plan the 'perfect' day at our spa for you or your loved one.

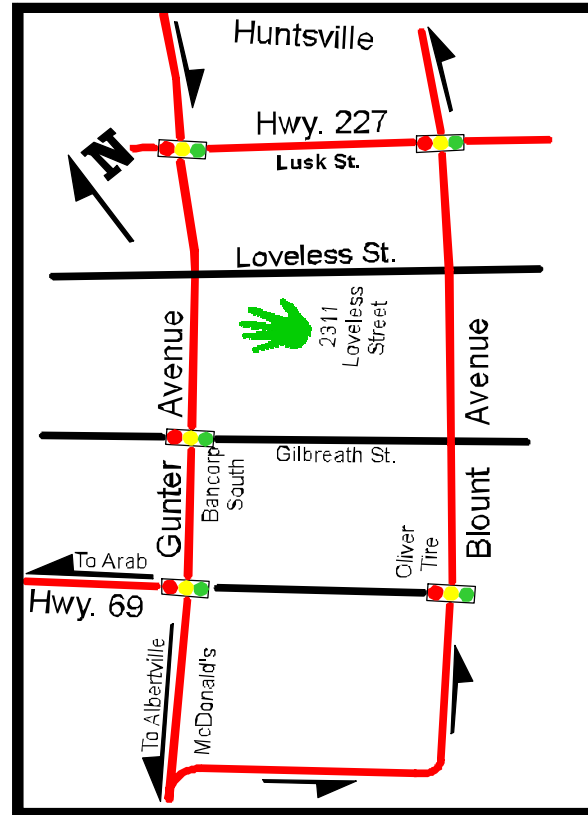
**Business Hours\***

Monday: Closed  
 Tuesday: 9:00 to 5:00  
 Wednesday: 9:00 to 5:00  
 Thursday: 9:00 to 5:00  
 Friday: 9:00 to 5:00  
 Saturday: by appointment  
 Sunday: Closed

\* Due to the volume of our business, it is best to schedule an appointment. Please allow several days notice in order to get the day and time that you desire.

**SPA PRODUCTS**

- Massage Oil
- Garden of Life & Original Medicine Supplements
- Aromatherapy Diffusers and Essential oils
- Aromatherapy neck wraps, sinus and chest pillows
- 100% Pure Emu Oil
- ABRA Therapeutic Bath Salts/Lotions



***Gift Certificates  
 and  
 Personalized Gifts  
 are available.***

*Massage And Bodywork  
 Wellness Spa, LLC*



***FACELIFT  
 MASSAGE***

**Debra Sewell, NCTMB, LMT E-1334  
 Owner/Licensed Massage Therapist**

**(256) 571-RELAX (7352)  
 2311 Loveless Street  
 Guntersville, AL 35976**

**[www.MassageWellnessSpa.com](http://www.MassageWellnessSpa.com)**

*Massage and Bodywork Wellness Spa  
 is a Christian owned and operated business.*

**Our Facelift Massage System is a time tested, proven technique that offers a solution to anti-aging. When you receive a Facelift Massage session your facial muscles are toned and tightened and the skin softened and you will enter into a state of deep relaxation – Sheer Bliss!**



**The Facelift Massage is a pampering, relaxing massage that improves the appearance of the face through stimulation of the underlying layers of skin and soft tissue. This will make surface wrinkles less visible, slows down the formation of new wrinkles and helps keep facial muscles toned.**

**With repeated Facelift Massages in weekly sessions you will begin to see noticeable changes in your face and neck. Once the face is toned it is easier to keep it in shape with sessions on a monthly basis.**

**If you are considering a medical or plastic surgery procedure the Facelift Massage works wonders as a pre- and post-operative treatment as well as regular maintenance of beautiful, healthy skin.**

## Package Prices\*

**One session \$80 - Approx. 75 minutes**

**A package of 3.....\$195 (\$65 ea)  
Save \$45**

**A package of 6.....\$360 (\$60 ea)  
Save \$120**

**A package of 12.....\$600 (\$50 ea)  
Save \$360**

**Packages must be paid and scheduled in advance**

**Gift Certificates are Available**

**\*Prices are subject to change without notice.**

**Massage and Bodywork Wellness Spa is a Christian Owned and Operated Business**

**Therapeutic massage, on a regular basis, is essential to a healthy lifestyle plan.**

11/2009

## SPA PACKAGES

**Carpe Diem .....\$295**

- Body Polish
- Aromatherapy Spa Sauna Treatment
- Spa Signature Massage
- Face Lift Massage
- Foot Soak and Foot Massage
- *Lite Lunch included*

**ADayofSerenity.....\$245**

- Body Polish
- Aromatherapy Spa Sauna Treatment
- 60MinuteHotStoneMassage
- Foot Soak and Foot Massage

**Chocolate Lover's Paradise .....\$245**

- Chocolate Body Polish
- Chocolate Body Treatment
- Chocolate Massage

**Pure Tranquility .....\$185**

- 90minute Organic Babassu Massage
- Facelift Massage

**Time to Relax.....\$165**

- 30minute DeepTissue Back Treatment with Emu oil and Paraffin
- Foot Soak and Foot Massage
- Facelift Massage

**What's Hot!.....\$150**

- Aromatherapy Spa Sauna Treatment
- 1hourHotStoneMassage

**Economy Package .....\$95**

- Aromatherapy Spa Sauna Treatment
- 30minute Massage
- Foot Soak and Foot Massage

**So, You're a new Parent .....\$90**

- Private infantmassage class
- 1bottleofinfantmassageoil
- 30minute Massage for Mom or Dad